



I ❤️ KY School Breakfast Sandwich Tip Sheet

Plan Ahead

- There are many steps in this recipe that can be completed days prior to save time during the morning of service such as:
 - Dice Pico de Gallo ingredients.
 - Prepare and cook turkey sausage and store in refrigerator or freezer.
 - Slice English muffins.

Modifications

- Here are some modifications that can be made to simplify production.
 - Portion Pico de Gallo into individual serving amounts and offer on the side.
 - Wrap sandwiches for Grab 'n Go service.
 - Omit the shredded cheese that is used as a garnish if offering Pico de Gallo on the side.
 - Once sandwiches are assembled, place in warmer to melt cheese instead of returning to oven.

Variations

- Be creative and try adding additional ingredients and seasonings for a different taste. Some ideas would be:
 - Add spinach to the egg and sausage mixture before baking.
 - Add other non-sodium seasonings to the turkey sausage during preparation.
 - Toast muffins in oven prior to assembling for a crispier texture.